



From School Days to Summer Play

Simple Tools to Boost Connection During Break

A FREE Positive Parenting Training Series Where Participants will Learn Social-Emotional Strategies to Build Resilience in their Children

In-Person Training:

Elementary Age: Grades TK-5

Saturday, May 30, 2026
9AM - 3PM

**Onsite childcare provided
at this session ONLY**

Middle School Age: Grades 6-8

Saturday, June 6, 2026
9AM - 3PM

High School Age: Grades 9-12

Saturday, June 13, 2026
9AM - 3PM

★ Check-In: 8:30AM - 9AM
(Light Refreshments)

★ Lunch Provided

Learning Objectives:

- Build nurturing and responsive relationships
- Create predictable and safe environments
- Build sensory and emotional literacy
- Manage big emotions to support self-regulation
- Teach children problem-solving skills
- Understand the brain and behavior

Shasta County Office of Education (SCOE)

43 Hilltop Drive
Redding, CA 96003



REGISTER HERE



With over 30 years of collective experience, we care about providing services that help humans reach their highest potential. Our mission is:

- Growing Human(e) Beings
- Giving every child and adult a voice

Julie Kurtz, founder of Center for Optimal Brain Integration (COBI)



For questions, please contact strengtheningfamiliesshasta@gmail.com

Funding for this event is provided through the Mental Health Services Act and in collaboration with community partners.