

**All parents have questions.**

**Help Me Grow has answers. Call 2-1-1.**

*Ask for a Help Me Grow Specialist! | Free 24 hours a day.*

- Developmental Milestones
- Child Health
- Behavior
- Speech & Language
- Early Learning & Literacy
- Parenting Tips/Support
- Social Skills
- Developmental Delays & Disabilities

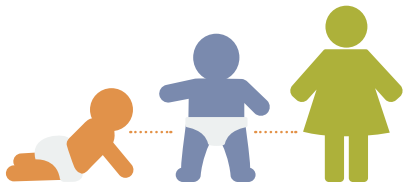


[www.HelpMeGrowShasta.com](http://www.HelpMeGrowShasta.com)



## Your child's development

Help Me Grow helps you understand your child's ages and stages – and when to call for help.



## Developmental screening

Would you like to do an Ages and Stages screening to learn more? Contact Help Me Grow!



**HELP ME**  
CALIFORNIA  
**Grow**  
SHASTA COUNTY

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