

All parents have questions. Help Me Grow has answers!

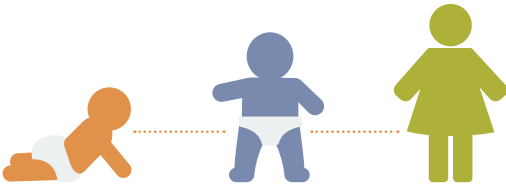


HELP ME
CALIFORNIA
Grow
SHASTA COUNTY

Your Child's Development

Help Me Grow is for parents.

Help Me Grow helps you understand your child's ages and stages - and when to call for help.



Need Answers? Call 2-1-1

Ask for a Help Me Grow Specialist!
Call anytime, 24 hours a day.

- Developmental Milestones
- Child Health
- Food & Eating
- Behavior
- Speech & Language
- Early Learning & Literacy
- Parenting
- Support Groups
- Social Skills
- Developmental Delays & Disabilities



Developmental Screening

Find out about an Ages and Stages questionnaire by contacting a Help Me Grow Specialist at 2-1-1.

Definitely discuss concerns with your healthcare provider.

www.HelpMeGrowShasta.com

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**HELP ME
CALIFORNIA
Grow**
SHASTA COUNTY

Assess, Refer, and Help Kids Grow!

Help Me Grow is for providers.

Health care, child care, early education, and other community service providers can help identify a child's developmental and behavioral challenges and connect families with essential resources.



How Does Help Me Grow Support Providers?

- Makes referral to resources easy
- Connects families with developmental or behavior concerns to care coordinators
- Offers developmental screening tools upon request
- Offers training upon request



Learn More

Developmental screening and other support resources are available to providers.

Call 2-1-1 or visit HelpMeGrowShasta.com

www.HelpMeGrowShasta.com