



**HELP ME**  
**CALIFORNIA**  
**Grow**  
**SHASTA COUNTY**

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**Help Me Grow**  
helps you  
understand your  
child's ages  
and stages –  
and when to call  
for help.

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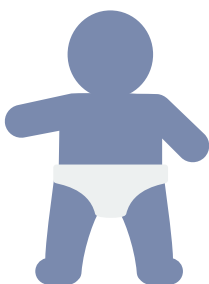
**Need Answers?**



**Call 2-1-1**

*Ask for a Help Me  
Grow Specialist!*

[www.HelpMeGrowShasta.com](http://www.HelpMeGrowShasta.com)



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