Are you interested in your child's development?



Are you challenged by your child's behavior?



Would you like resources on parenting?



For more information about your child's development & behavior contact us:



TEXT HMGSHASTA to 8.9.8.2.1.1

EMAIL HelpMeGrow@shastacoe.org



CALL **2-1** Ask for Help Me Grow or call (530) 605-2645

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VISIT HelpMeGrowShasta.com



All parents have questions. Help Me Grow has answers!





Your child's early years includes many developmental milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

Your Child's Development.

As a parent, you can give your child the best start in life by making sure their development is on track. You can check your child's development with the Ages & Stages Questionnaire.

Text HMG Shasta to get a snapshot of your child's developmental milestones for communication, gross and fine motor, problem solving, and personal-social skills. Get free and fun activities to support your child's development.

Contact Help Me Grow Shasta

Help Me Grow Shasta connects families with young children ages 0-8 to resources in the community to enhance their child's development.

Contact us for help with:

- Behavior
- Parenting
- Child Development
- Speech and Language
- Developmental Screening
- Support Groups
- School Readiness
- Education....and more!

